

Hogg Foundation for Mental Health



Helping to Turn Caring Into Action

Annual Report
2001-2002

V i s i o n

**To be the philanthropic leader in shaping and improving
mental health and human development**

M i s s i o n

**To develop and conduct “. . . a broad mental health program
of great benefit to the people of Texas”**

—Miss Ima Hogg, 1939

G o a l s

**To improve the quality, scope, and delivery of
culturally appropriate mental health services in Texas**

To advance scientific knowledge related to mental health

**To increase public understanding of contemporary
mental health issues**

**To advance training in mental health
and related human services**

**To exemplify the highest professional and ethical
standards of organized philanthropy**



Hogg Foundation for Mental Health

Annual Report 2001 - 2002

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The Hogg Family of Texas

The Hogg Foundation for Mental Health was established by the children of one of Texas' greatest governors and businessmen, James Stephen Hogg, the first native governor of Texas.

Born near Rusk, Texas on March 24, 1851, Hogg was both a lawyer and newspaper editor before being elected attorney general in 1886, and governor in 1890. A staunch Democrat, Hogg was recognized as one of the country's most progressive governors.

After the death of his wife Sallie in 1895, Hogg returned to law. Though in debt when he left the governor's office, Hogg built a modest family fortune through his law practice and investments. Most importantly, before his death on March 3, 1906, Governor Hogg would instill in his children a life-long interest in public service.

The Governor's eldest son, William C. Hogg, was born in Quitman, Texas, on January 31, 1875, and earned his law degree at The University of Texas in 1897. Upon his father's death in 1906, Will joined his brothers Mike and Tom to take charge of the family investments. Active in The University of

Texas Ex-Students' Association and a member of the Board of Regents, Will led the fight in 1917 against infamous Governor James E. Ferguson's attempts to wrest away the prestigious University's autonomy.

Upon his death in 1930, Will bequeathed the bulk of his estate to The University of Texas. Will's sister, Miss Ima, decided the endowment would be used to develop and conduct "... a broad

mental health program of great benefit to the people of Texas." Known as one of Texas' leading philanthropists, Miss Ima is credited with helping found the Houston Symphony Orchestra, establishing the Houston Child Guidance Center, and serving on the Houston School Board. She is credited for working to



The family of Governor James S. Hogg. From left to right: Ima, Will, Tom, Governor Hogg, Mike, and Sallie.

establish symphony concerts for schoolchildren, to get equal pay for teachers regardless of sex or race, and to set up a painting-to-music program in the public schools. In 1966 she presented Bayou Bend, the River Oaks mansion she and her brothers had built in 1927, and all her collection of early American art and antiques, to the Museum of Fine Arts in Houston. Prior to her death in 1975, Miss Ima directed that part of her estate be used to create her own endowment within the Hogg Foundation to support direct mental health services for children in the Greater Houston area.



William C. Hogg



Miss Ima Hogg

Executive Director's Message

Each year it has been my privilege to compose an introductory message for our Annual Report. I find that these instances present an opportunity to reflect upon what the Hogg Foundation has meant to the people of Texas and to contemplate our aspirations for future generations. I am frequently reminded how the work of the Foundation represents the cherished legacy of the Hogg Family, especially the dreams and desires of our benefactor, Miss Ima Hogg, and her charge to "develop and conduct a broad mental health program of great benefit to the people of Texas."



A large part of our work focuses upon providing grant support to mental health research and service programs—primarily within our program areas of Children and Their Families, Minority Mental Health, and Youth Development. We take great pride in often providing the initial support that many innovative and necessary projects need to contribute and thrive. As you can see in this Annual Report, during the past year alone the Foundation awarded \$3.2 million in grants to 96 programs across the state.

But grantmaking has always been only a part of our story. We also fulfill our benefactors' mandate by "operating" our own programs to the benefit and enrichment of organizations and communities statewide. Indeed, the Hogg Foundation for Mental Health was one of the first foundations to engage in *both* grantmaking and operating activities—including public education, convening, and program evaluation. The unique and highly successful integration of our grantmaking and operating activities achieves both the general goals and specific objectives of our three program areas. We hope that perusing this Annual Report will demonstrate how—when combined effectively—our grantmaking and operating programs enrich and amplify each other for the ultimate benefit for the people of Texas.

This year's message has been especially bittersweet, because it will be my last as executive director of the Hogg Foundation. As some of you may know, in 2003 I plan to retire and take the opportunity to explore a number of other activities. I cherish the personal and professional friendships I have made during my tenure at the Foundation and am immensely proud of the achievements we have accomplished together. I am confident that in the coming years the Foundation will continue to grow and make significant contributions to mental health in Texas.

Charles M. Bonjean

Charles M. Bonjean
Executive Director

OPERATING PROGRAMS

Convening Activities

In addition to supporting mental health service and research projects across Texas, the Foundation has committed itself to bringing together leaders from government, education, public advocacy, philanthropy, and the mental health professions to share information and to collaborate on worthy projects. Such efforts led to the founding of the Conference of Southwest Foundations in 1948, the enactment of Texas' first Mental Health Code in 1965, and the creation of the Texas Grantmakers In Health and Human Services affinity group.

Most recently, the Foundation has played key convening and/or supporting roles in founding and developing other international, national, state, and local organizations:

Grantmakers Evaluation Network, an affinity group of the Council on Foundations, was created in 1992 through the activities of the Council's Research Committee and a meeting hosted by the Hogg Foundation. Its goals, activities, and support by the Foundation are described in the Evaluation Research Program section which follows.

Texas Grantmakers In Health and Human Services (TGIHHS) was founded in 1994 as the result of convening activities co-sponsored by the Hogg Foundation and Grantmakers In Health. Several times a year, TGIHHS brings together representatives from Texas foundations with state and federal health officials to discuss critical state health and human service issues.

Robert Lee Sutherland Seminars

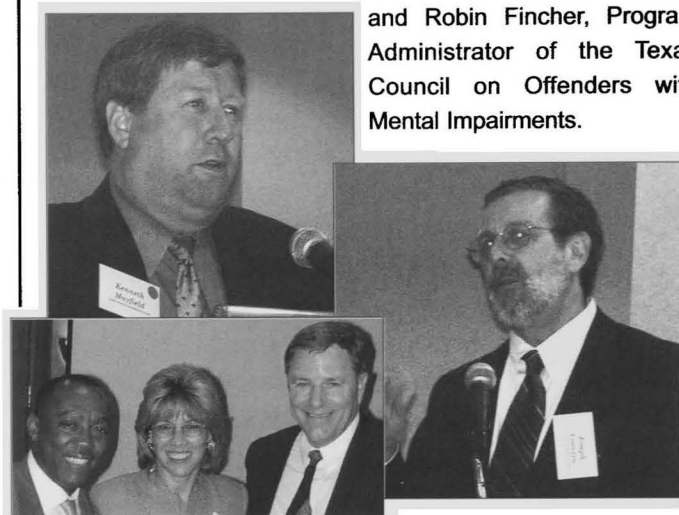
The Robert Lee Sutherland Seminars are a living tribute to the first director (and later president) of the Hogg Foundation from 1940 to 1970. These biennial statewide seminars began in 1978 as a living tribute to Dr. Sutherland's pursuit of innovation and cooperation among mental health initiatives in Texas. In September of 2002, the RLS seminar focused upon the needs and issues of juveniles within the criminal justice system.

The ABCs of Juvenile Justice: Appropriate Assistance, Breaking Barriers, and Collaborating Communities, sought to promote collaboration among juvenile justice agencies, law enforcement professionals, mental health providers, and community stakeholders in identifying and treating juvenile offenders with mental illness in a manner that promotes public safety, public health, institutional order, and the maximization of available resources.

The seminar comes amid recent public concern about the ways in which those with mental disorders are assessed and treated in the criminal justice system. In response, the Sutherland Seminar XII promoted policy discussions with state and local officials to examine how—given limited resources and conflicting missions—different agencies can come together to

develop programs and coordinate culturally appropriate services that meet the needs of the juvenile population.

Seminar participants included Sylvester Turner, Texas state representative from Houston; Dr. Joseph J. Coccozza, Director of the National Center for Mental Health and Juvenile Justice; Debbie Berndt, Director of Children's Services at the Texas Department of Mental Health and Mental Retardation; and Robin Fincher, Program Administrator of the Texas Council on Offenders with Mental Impairments.



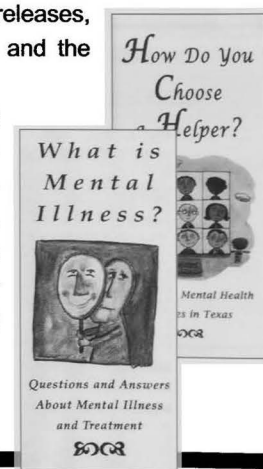
Participants at the Robert Lee Sutherland Seminar XII included Dallas County Commissioner Kenneth Mayfield (top left); State Rep. Sylvester Turner, Hogg Foundation program director Carolyn Young, and Foundation Associate Director Ralph Culler (bottom left); and Director of the National Center for Mental Health and Juvenile Justice, Dr. Joseph J. Coccozza (right).

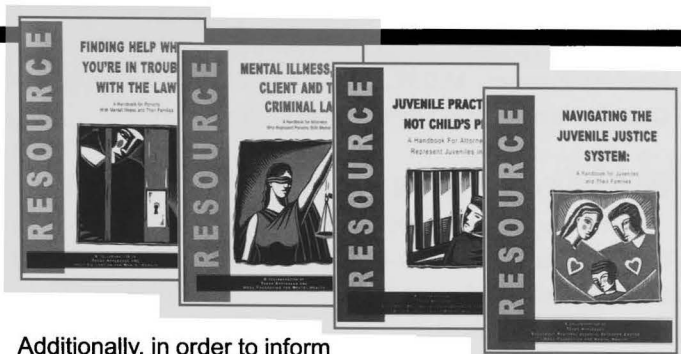
Communications Program

The Communications Program supports the Foundation's grantmaking and operating programs and works to increase public understanding of contemporary mental health issues. It carries on the Foundation's long tradition of improving the mental health of Texans by supporting effective programs, increasing public awareness and education, and reducing stigmas associated with the treatment of behavioral disorders.

The Communications Program is comprised of two divisions: News and Information and Publications. The News and Information Division communicates the Foundation's grantmaking and operating programs through news releases, media events, the Foundation's web site, and the *Hogg Foundation News* newsletter.

The Publications Division produces publications that illustrate Foundation-funded projects and improve public understanding of mental health, behavioral disorders, and treatment. In 2002, the Communications Program updated two of its most popular publications, *How Do You Choose a Helper?* and *What is Mental Illness?*





Additionally, in order to inform

Texas grantmakers about changes to the state's most significant public family welfare programs—the Children's Health Insurance Program (CHIP) and welfare reform—the Foundation published the proceedings of the Texas Grantmakers In Health and Human Services conference entitled *Families in Crisis: Coping with a Changing Political Environment*.

The Foundation also joined Texas Appleseed, a non-profit legal rights organization, to publish four manuals to help lawyers and defendants navigate the criminal justice system in Texas. *Mental Illness, Your Client, and the Law* and *Juvenile Practice Is Not Child's Play: A Handbook For Attorneys Who Represent Juveniles in Texas* provide attorneys with a primer about mental illness within the criminal justice system. *Finding Help When You're in Trouble With the Law* and *Navigating the Juvenile Justice System in Texas: A Handbook for Juveniles and Their Families*, are easy-to-understand guides explaining a mentally ill defendant's rights, options, and resources.

Regional Foundation Library

The Regional Foundation Library (RFL) celebrated four decades of service and commitment to the nonprofit community in 2002. The RFL opened as the fifth collection of The Foundation Center, a national network that has grown to 225 cooperating collections. Dr. Robert L. Sutherland, first Director/President of the Hogg Foundation, viewed the Library

as a unique opportunity to use information on philanthropy to bridge the gap between grantmakers and grantseekers.

Today, even after 40 years, the Library staff is still committed to keeping his vision strong by helping the nonprofit community of Texas grow and flourish. By providing personal assistance along with detailed information such as annual reports, newsletters, journals, and monographs related to nonprofit development, the staff can highlight current philanthropic trends for both grantseekers and philanthropies. In addition, the staff offers classroom and community presentations throughout the year on grant research and resources.

The RFL is open between the hours of 8 a.m. and 5 p.m., Monday through Friday, except for a limited number of University of Texas holidays. Materials are available for in-library use only. The facility is barrier-free with special parking available upon request. Appointments with Library staff are preferred, especially when personal assistance is needed, but they are not required.

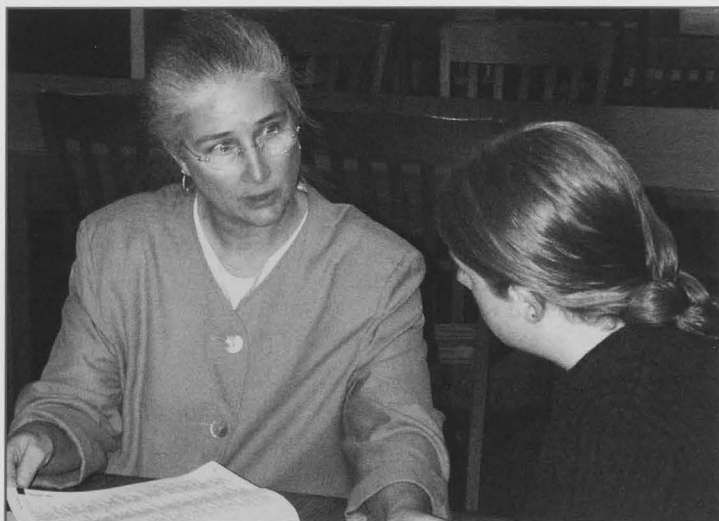
Texas/WHO Collaborating Center

The World Health Organization (WHO) and the Pan American Health Organization (PAHO) are sponsors of the Texas/WHO Collaborating Center at the Hogg Foundation. The Center promotes collaborative efforts to improve mental health and the quality of life in Texas and Mexico, especially along the U.S.-Mexico border. In addition to the Foundation, founding members of the center are:

The University of Texas at Austin, The University of Texas Health Science Center at San Antonio, The Texas A&M University Health Science Center at Temple, The University of Texas Medical Branch at Galveston, and, from Mexico, the Universidad Nacional Autonoma de Mexico, Universidad Autonoma de Nuevo Leon in Monterrey, and Universidad Autonoma de Tamaulipas in Ciudad Victoria.

Goals of the center are fourfold: 1) to conduct research on mental health epidemiology, service delivery, and psychosocial factors in health; 2) to train high-quality, culturally competent mental health professionals; 3) to develop programs to decrease psychosocial risk factors in disease; and, 4) to ensure international collaboration and exchange.

Over 90 Scientific Associates of this Center are deeply committed to cross-cultural research and training in mental health. Special attention is given to the 1,000 mile border between Mexico and Texas. Annual meetings are held to promote these exchanges, alternating between Mexico and Texas. The Hogg Foundation serves as the headquarters of the Collaborating Center, with Dr. Wayne Holtzman as its Director.



Regional Foundation Librarian Allison Supancic helps patrons find the right information to obtain philanthropic support.

Evaluation Research Program

For more than three decades, the Hogg Foundation has strongly endorsed the premise that program evaluation is essential to effective grantmaking. Its Evaluation Research Program is one of the oldest, strongest, and most innovative in the nation, due in no small part to the resources and expertise provided by its affiliation with The University of Texas at Austin.

The centerpiece of the Foundation's evaluation effort is a fellowship program that has provided more than 70 doctoral students with in-depth training and experience in program evaluation and philanthropy. Fellows, as well as other interested students, enroll in a fall graduate seminar on evaluation methods and approaches and, in the spring, receive independent credit for a practicum experience in evaluation. The Evaluation Fellows for the 2001-2002 academic year were Shanti Kulkarni, a doctoral student in social work, and Susan Odom and Carmen Valdez, doctoral students in educational psychology.

The students work with Foundation officers, several of whom hold academic appointments with The University of Texas at Austin. During their tenure at the Foundation, fellows learn not only about evaluation but also about the history, goals, and activities of organized philanthropy. Since 1976, the Foundation's evaluation fellows have been particularly helpful in designing and conducting evaluations of the Foundation's own grantmaking and internal programs. Directors of all Foundation-supported projects are required to submit a narrative evaluation of program activities at the end of each grant period. A description of what happened—generally including counts and demographic information on persons benefiting from the program—is a minimum. For projects where evaluation is critical (e.g., a demonstration program with national significance), a more rigorous internal evaluation by project staff, or an external evaluation by a consultant paid by the Foundation, may be warranted. Occasionally, the Foundation's staff provides technical evaluation assistance to organizations other than its grantees.

Ima Hogg Scholarship

The Ima Hogg Scholarship is a biennial award given by the Hogg Foundation to a graduate student at The University of Texas at Austin, and continues to be one of the most prestigious and highly sought scholarships on campus.

The scholarship follows the vision set forth decades ago by Miss Ima Hogg by providing support for a graduate student committed to serving children and families in a public or not-for-profit setting. In recent years, this scholarship has frequently enabled students to take advantage of low-paid or unpaid training positions or internships they might not have otherwise considered. Candidates come from the fields of psychology, social work, educational and school psychology, nursing, or child development.

The scholarship for 2001-2002 was awarded to Sarah Hinshaw-Fuselier, M.S.W., B.C.S.W., a doctoral student in Child Development & Family Relationships.

Bernice Milburn Moore Lectures

The Hogg Foundation for Mental Health hosted two of the country's leading experts on mental health policies affecting children and minorities during the Bernice Milburn Moore Lecture Series in April.

Kimberly Hoagwood, Ph.D., director of research on child and adolescent services for the State of New York's Office of Mental Health and a faculty member in the Department of Child Psychiatry at Columbia University, spoke on the latest in children's mental health research on April 10. She was followed on April 15 by former U.S. Surgeon General Dr. David Satcher, who discussed the mental health needs of minorities and the importance of culturally sensitive services.

The lectures honor the abiding contributions of long-time Hogg Foundation program officer Dr. Bernice Milburn Moore. During her illustrious career, Dr. Moore brought tremendous sensitivity, wisdom, and generosity to The University of Texas, to the Foundation, and to its grant recipients. Each biennium, the Foundation hosts a lecture by a prominent scholar for the faculty and students at The University of Texas at Austin in order to share the wisdom and insights on some of the nation's prominent mental health issues.



Hoagwood



Satcher

Visiting Scholar Program

Each biennium, the Hogg Foundation awards a visiting scholar position to a scholar, or "person eminent for learning," who has strong interests and expertise in one of the Foundation's major program areas of Children and Their Families, Youth Development, or Minority Mental Health.

The Foundation's visiting scholar position offers an opportunity for intensive study of a mental health topic or issue of concern to the scholar that is consistent with the Foundation's goals. A stipend, based on the recipient's current salary, may be awarded when funds are not available from other sources. The scholar is provided with an office, part-time secretarial assistance, computer, supplies, and collegial support.

The scholar is expected to be available for an occasional lecture, seminar, or consultation sponsored by the Foundation. At the end of the scholarship term the recipient provides a written report describing the work undertaken.

GRANTMAKING PROGRAMS

The Hogg Foundation began as an operating foundation dedicated to educating Texans about mental hygiene.

By 1955, however, the Foundation had identified a need for the creation of a grantmaking program to underwrite scientific research and, later, to support innovative service projects and the training of mental health professionals.

At the time, the idea of integrating grantmaking and operating programs was groundbreaking for American philanthropy. It helped position the Foundation to address emerging mental health challenges through its internal programs while also providing grant support to innovative projects in communities across the state.

In the 1990s, the Foundation refined its focus even more by establishing specific program areas. Although still committed to funding any worthy mental health project, the Foundation now gives priority to projects fitting within the areas of Children and Their Families, Youth Development, and Minority Mental Health. The work of these program areas is highlighted within the following pages.

Grantmaking Activities

During the 2001-2002 fiscal year, the Hogg Foundation awarded 96 grants, three fellowships, and one scholarship totaling \$3,293,910 from interest on its funds and endowments. The distribution of funds reflects the Foundation's emphasis on three program areas:

Children and Their Families	\$1,480,493	(45 percent)
Youth Development	\$ 879,592	(27 percent)
Minority Mental Health	\$ 551,120	(17 percent)

It is worth noting that these totals are not necessarily restricted to a specific program area. In fact, many grants target populations within two or all three of the priority areas. Overall, 89 percent of our funds supported projects in these three areas, including projects for mental health service delivery, program development, research, education, and professional training.

The Will C. Hogg Fund

The Will C. Hogg Fund is our largest endowment and is used to support mental health projects throughout the state of Texas. During the 2001-2002 fiscal year, awards ranged from \$1,000 to \$75,000 with an average of \$30,000. Grants from this fund totaled \$2,168,818.

The Ima Hogg Endowment

Grants from the Ima Hogg Endowment are restricted to the support of children's mental health services in the Greater Houston area. In 2001-2002, grant amounts ranged from \$12,000 to \$94,000 with an average of \$46,000. The grants total for the year was \$1,051,592.

Other Funds

Other smaller funds administered by the Foundation include the Ima Hogg Scholarship Fund, the Harry Estill and Bernice Milburn Moore Fellowship Fund, the Frances Fowler Wallace Fund, the DeRossette Thomas Fund, and the Varner-Bayou Bend Heritage Fund. Administration of these funds follows the designation of their donors.

CHILDREN AND THEIR FAMILIES

The Children and Their Families Program Area draws upon the Hogg Foundation's rich history of grantmaking activity to identify issues and develop initiatives that address the needs of children and their families.

The Foundation's primary benefactor, Miss Ima Hogg, dedicated much of her life to children by establishing the Houston Child Guidance Center, serving on the Houston Board of Education, and endowing a scholarship at The University of Texas at Austin to train professionals in mental health services for children and their families.

Yet perhaps her greatest legacy was the establishment of the Ima Hogg Endowment in 1977, which now generates more than one million dollars annually for mental health services to children and their families in the Greater Houston area.

Building Support Thread by Thread

Standing in a circle in a Texas Southern University classroom one Saturday afternoon, a collection of men, women and children, mostly of color, listen attentively for instructions from Sheila Savannah, director of People in Partnership and one of the instructors of its Friend of the Family Capacity Building Program. Savannah holds out a ball of yarn for all to see and hands it to the young woman standing beside her while still holding on to the end of the string.

"I'm going to count on you to be strong," Savannah says. She then instructs the young woman to choose someone in the group on the other side of the room to toss the yarn, all the while keeping hold of the thread Savannah has handed her.

"Tell them what you're going to count on them for," Savannah says before the woman tosses the yarn.

The young woman selects a fortyish-looking man, and pronounces: "I'm going to count on you to realize that it's okay to be a man, a black man in today's society." She then lets the yarn fly.

Thus starts a process by which each person takes a turn in accepting a positive challenge from another before posing their own to someone else. The group, some ten or so ordinary people, encouraged by Savannah and Dr. Nelda Lewis of Texas Southern University and coordinator of the Friend of the Family program, continue the exercise until their circle becomes a criss-crossing web of yarn and ribbon. Savannah's intent, as she explains at the close, is to create a physical representation of the support network that Friend of the Family strives to create. By the demonstration's end, the web is so tightly woven that if anyone lets go of their string, enough threads and hands remain to keep the structure stable.

For five years, People in Partnership, a Houston-based community mental health organization, has offered the Friend of the Family Capacity Building Program in partnership with Texas Southern University. The organization, using grants from the Hogg Foundation as well as support from the Annie E. Casey Foundation, United Way of the Gulf Coast, and Texas State Bank-Riverway, has created a support network of ordinary citizens. Through their efforts, community residents have moved from being consumers and clients to becoming participatory partners who can strengthen their families, neighbors, and communities.

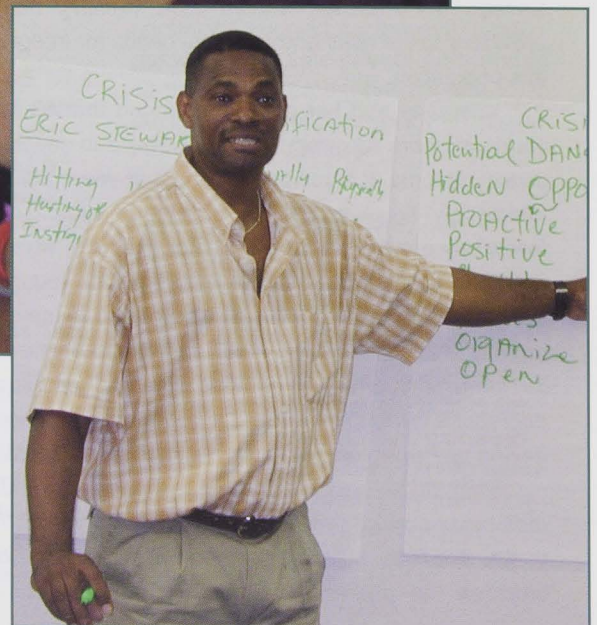
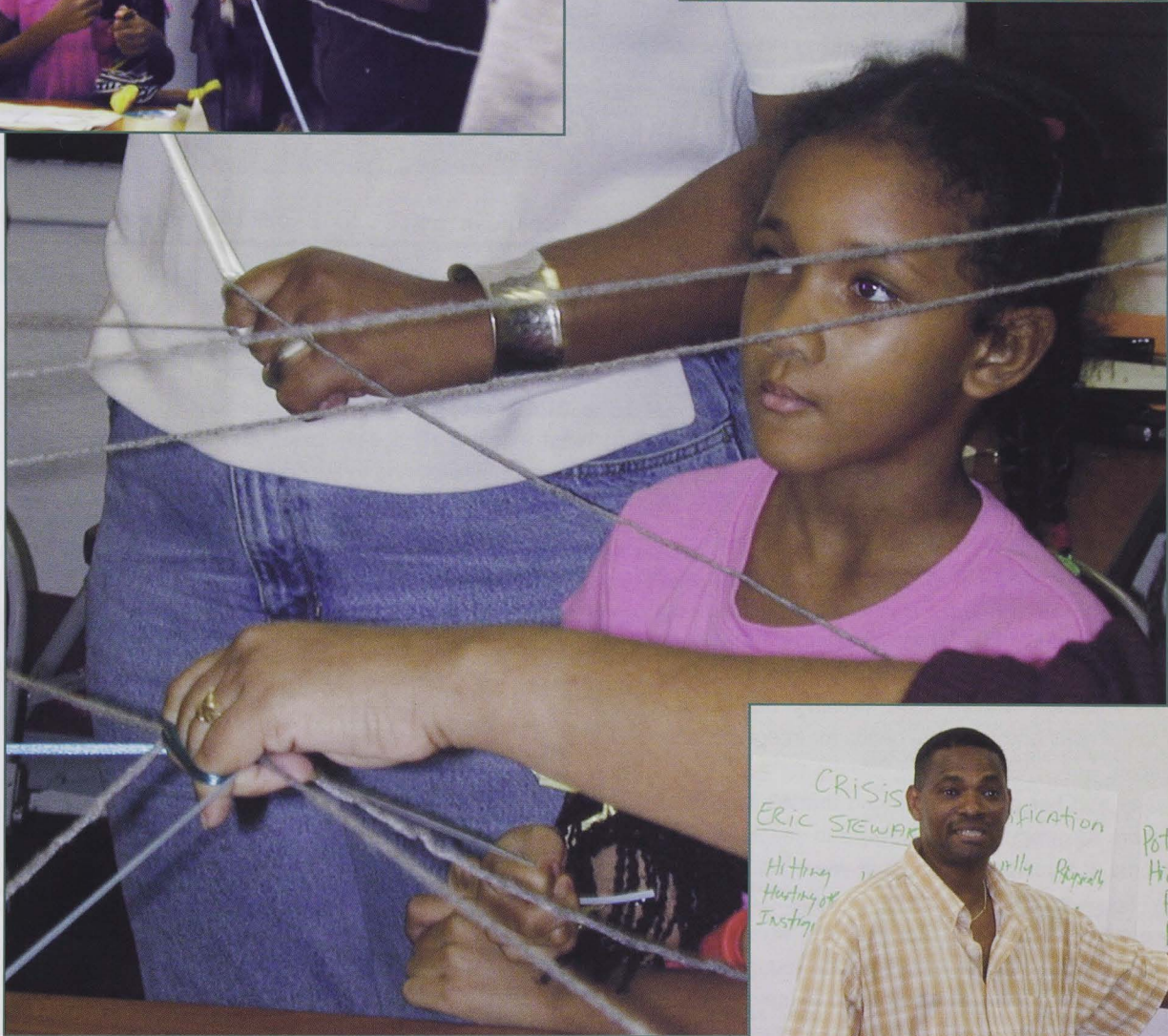
Each year, the program has graduated participants who have later been contracted to provide support in various aspects of People in Partnership's care system. Included among People in Partnership's other programs are the Family Room at the Douglass Family Resource Center, Reaching Inside Out (a work source program for women transitioning from welfare), STAR Bridge Project (services for children with chronic health conditions), and youth services which include the Community Builders' Cadre.

As evidenced by the weekly Friend of the Family workshops, a good portion of community strengthening comes from self-examination and assessment, or as one attendee puts it: "a checkup from the neck up."

Throughout Savannah's session, and later during Eric Stewart's session on Crisis Identification, the focus is on individuals' self-assessment, strengthening themselves in order

Pride in Grantmaking

People in Partnership



The Friend of the Family Program helps ordinary people make positive differences in their families and communities. Through group exercises and frank discussions, facilitators Sheila Savannah (above) and Eric Stewart (right) strive to illustrate the importance of support systems and individual action. Exercises bring to the table very real problems and situations which are discussed in class for group analysis and feedback. During class, the level of group participation is kept high to further illustrate the concept of the individual as participant rather than observer.

to better support their family, neighbors, and community. Using personal experiences as illustrative examples, Stewart tells of how he derived strength from his own personal hardships. Particularly hard hitting is his recollection of his teenaged daughter's death from a brain illness, and how her courage to continue and complete high school gave him courage and strength as well.

Stewart urges his class to avoid negative people, cautioning them that if individuals do not have their own set of goals, they may be living only to satisfy someone else's goals. He also tells them not to view defeats, however painful, as negative.

"There are no failures, only experience," Stewart said.

Through support from the Hogg Foundation and other entities, the Friend of the Family Capacity Building Program continues to be a strong vehicle for community support. People in Partnership continues to maintain a commitment to increasing mental health access and injecting a "mental health perspective" into natural community environments.



The Friend of the Family Program includes a number of motivational discussions among participants, led by a facilitator. Much of the emphasis on strengthening families and communities is developed from individual self-examination, assessment, and improvement.

Study Explores Depression and Substance Abuse in Adolescent Mothers

A study funded in part by the Hogg Foundation has found that adolescent mothers, ages 12 to 18, are much more likely than older mothers to experience postnatal depression, and those who are depressed are at high risk of abusing alcohol, tobacco, or illicit drugs.

The study, conducted under the direction of Constance M. Wiemann, Ph.D. in the Department of Pediatrics at Baylor College of Medicine, should alert primary health care providers to the risks and potential needs for intervention for this population.

Wiemann and her colleagues found that 53 percent of young mothers reported having moderate to severe depressive symptoms at some point in the four years after delivery. Intriguingly, however, the appearance of symptoms did not follow any predictable patterns. For example, while the incidence of depression declined over time for young mothers overall, 37 percent of those who reported symptoms three months after delivery also reported them four years later. At the same time, one-third of those who reported experiencing depressive symptoms after four years did not report experiencing any symptoms within three months of delivery.

The study also found that although few adolescent mothers used illicit drugs other than marijuana (just 7 percent in the previous 30 days), there was a strong correlation between the presence of depressive symptoms and an

increased risk for frequent and excessive use of alcohol or illicit drugs.

The far greater risk factor was from tobacco, as more than a third of the young mothers experiencing depressive symptoms smoked on a daily basis and were therefore likely to expose their offspring to secondhand smoke. The highest rate of daily tobacco use was among Caucasian mothers (50 percent).

"These findings suggest that health care providers, includ-



ing those who provide primary care, should screen for depression during any point of contact with young mothers and be aware of the increased likelihood of coexisting substance abuse so that appropriate interventions can be made," Wiemann said.

The study found few racial/ethnic differences in depressive symptoms within this population, Wiemann said, suggesting that all young mothers should be screened for these potential afflictions.

Funded in part by a \$54,366 grant from the Hogg Foundation, the study sought to ascertain the prevalence of depression and substance abuse in young women who started childbearing as adolescents. These findings were then used to identify the predictors and interrelationships of depression and

substance abuse up to four years after giving birth.

Researchers interviewed 932 adolescent mothers of diverse ethnicities in the postpartum unit of John Sealy Hospital at The University of Texas at Galveston within 48 hours of delivery, and then maintained contact through surveys at 3, 6, 12, 18, 24, and 48 months later. An impressive 73 percent of subjects returned surveys four years following delivery.

The study was further unique by maintaining contact with such a large cohort (932) of young women who became mothers as adolescents so that additional studies can be conducted to examine depression, substance abuse, and child outcomes as these women enter young adulthood and their children progress through elementary school.

Children and Their Families ***Grants 2001-2002***

Ad Litem Task Force, Inc.

Houston

Children's Friend in Court Program

This second-year grant supported the provision of trained Guardian Ad Litem volunteer child advocates in the Harris County family courts.

\$40,000

Alamo Children's Advocacy Center

San Antonio

Child Abuse Resource

Enhancement Project:

A Model Prevention Program for At-Risk Children and Youth

This fourth-year grant supported the implementation of a 12-agency collaboration to provide supportive, age-appropriate services to abused children by training agency staff, community volunteers, and parents participating in the CARE Project.

\$15,000

Any Baby Can of San Antonio, Inc.

San Antonio

Reaching Families Facing Autism

This first-year grant supported the development of a home-based program for families with autistic children that includes an assessment component, including parenting support and training.

\$50,000

Austin Families, Inc.

Austin

Baby Steps II Project

This first-year grant supported a collaborative effort of Austin Families,

Inc. to provide services to child care center teachers, directors, and parents, including workshops for staff, home visits to parents, and mental health services.

\$34,840

Baylor College of Medicine Population Program

Houston

Texas Fragile Families Site

This third-year grant continued support for the Teen Health Clinic site, one of eleven Texas Fragile Families Initiative programs working with young, low-income, unmarried fathers and their children.

\$76,913

Bo's Place

Houston

LIGHT (Looking Inward Grieving and Healing Together) Program

This one-time grant supported a grief support group for children and their parents who have suffered a sudden or traumatic death loss.

\$26,360

Casa de Esperanza de los Niños, Inc.

Houston

Family-Based Care Program

This third-year grant supported key staff positions in a family-based care home, which provides a residential setting to house children for whom therapeutic foster care may be a reality after long-term care in this facility.

\$23,227

Greater Houston Community Foundation/Center for Community Initiatives

Houston

Expanding Access to

Pre-Kindergarten In Houston

This one-year grant provided support for the development of a regional plan to expand access to pre-school programming for children in 25 Houston-area school districts.

\$50,000

Center for Public Policy Priorities

Austin

Texas Fragile Families Initiative

This fourth-year grant provided continued support for the evaluation portion of a public-private partnership dedicated to helping community-based organizations work with young, non-custodial fathers.

\$20,000

Child Advocates, Inc.

Houston

Effects of Child Advocate

Volunteer Intervention for Abused and Neglected Children

This fifth-year grant continued support for a longitudinal study to determine the effects of Court Appointed Special Advocate (CASA) child advocate volunteers when they intervene on behalf of abused and neglected children.

\$40,000

Children's Advocacy Centers of Texas, Inc.

Austin

Training Program in Forensic Interviews, Medical and Mental Health Services, and Multidisciplinary Team Approach

This third-year grant supported the program development for all 45 child advocacy centers in Texas. The areas to be developed include forensic interviews, medical services, mental health services, and multidisciplinary team training.

\$21,020

Community Family Centers/ Centros Familiares de la Comunidad

Houston

Project B.E.S.T. (Building Exceptional Students Together)

This third-year grant supported Project B.E.S.T. (Building Exceptional Students Together), a multi-layered prevention and intervention model to reduce substance abuse and violence and to promote mental health.

\$25,000

El Paso Area Foster Parent Association, Inc.

El Paso

Fostering El Paso's Abused Children

This third-year grant supported in-home crisis counseling provided by licensed therapists and bilingual training sessions for foster parents.

\$24,000

Fort Bend County Family and Consumer Sciences Rosenberg

In-Home Parent Educator Project

This first-year grant supported an in-home parent educator project that will meet an important need for families in Fort Bend County who are at risk for child abuse and neglect.

\$10,000

Golden Age Home

Lockhart

Adventure Camp – Helping Children Help the Elderly

This one-time grant supported three intergenerational day camps for the children and grandchildren of employees at the home.

\$24,094

Greater Houston Community Foundation/ Center for Community Initiatives

Houston

Adopt 2000 Project

This second-year grant supported a collaborative commitment to placing 700 of Houston's abused and neglected children with adoptive families.

\$80,682

Greater Texas Community Partners, Inc.

Dallas

Staff Position for Greater Texas Community Partners

This first-year grant supported the staffing of a statewide effort that assists local communities in establishing and maintaining partnerships with Child Protective Services through two major programs: Rainbow Rooms and the Adopt-a-Caseworker program.

\$40,000

Initiatives for Children, Inc.

Houston

Houston Touchpoints Project

This second-year grant provided continued support of the first community-wide effort to create a formal structure for collaborating agencies to train staff and receive support to implement the *Touchpoints* program.

\$50,000

Mental Health Association of Greater Houston, Inc.

Houston

Children's Institute Program

Funding supported a project which provides interventions aimed at addressing the problems of youth violence.

\$40,150

People in Partnership/Douglass Family Resource Center

Houston

Friend of the Family Capacity Building Program and Linked Family Resource Center Services

This fourth-year grant continued support to implement and evaluate a project designed to increase access to mental health services and supports by families in the Third Ward, Sunnyside, and South Park neighborhoods of Houston. Therapeutic interventions are strength-based, culturally

competent, and linked to existing community organizations that form a safety net for children and families being served.

\$50,000

Project YES, Inc./YES College Preparatory School

Houston

Alumni Committed to Success

This first-year grant supported YES students through their transition to away-university campuses and continuing through college graduation and their hopeful return to the community as successful alumni role models.

\$40,000

Rice University/Texas Institute for Society and Health

Houston

Early Childhood Collaborative

This one-year grant provided support for the implementation of several early childhood development activities, including the development of a brochure for lay audiences on the impact of child care on development.

\$49,040

Rusk School Health Promotion Project

Houston

School Psychiatric Consultation Program

This one-time grant supported a psychiatry fellow who provided consultation to teachers to better their understanding of and ability to deal with student behavioral and social problems.

\$12,000

Spaulding for Children

Houston

Helping Hands Project

This first-year grant supported the development of a comprehensive, collaborative, pilot respite care project designed to serve adoptive families of abused, neglected, and abandoned children.

\$52,100

Texans Care For Children, Inc.

Austin

Children's Campaign: Agenda for the Decade

This first-year grant supported the baseline work needed to establish the agenda for the "Children's Campaign:

Agenda for the Decade," a ten-year effort to move the well being of children in Texas significantly forward.
\$7,000

**Texas A&M Research Foundation/
Texas A&M College of Education**
College Station
*Preparing Teachers to Foster
Children's Social and Emotional
Competencies*

This second-year grant supported implementation of a project devoted to training both pre-service student teachers and in-service teachers in programs proven to reduce violence, teach emotional literacy, improve interpersonal competence, and instill problem-solving skills in children of diverse ethnic backgrounds.
\$94,823

Texas Children's Hospital
Houston
*Expansion of Healthy Steps
Program for Preschool and
Prenatal Periods*

This second-year grant provided continued support for the expansion of the Healthy Steps for Young Children program to serve both the children and families who would have aged out of the original project and expectant mothers.
\$50,000

**Texas Institute for Health
Policy Research**
Austin

Children's Mental Health in Texas
A one-time grant supported the development of a primer to define mental health services available to Texas children and a budget matrix to highlight how children's mental health services in Texas are funded.
\$25,000

**The University of Texas Health
Science Center at Houston/
Harris County Psychiatric Center**
Houston
*Partners in After School
Services Project*

This first-year grant supported the costs of psychological assessments, counseling, and mentoring for an after-school mental health program.
\$55,000

**The University of Texas Medical
Branch at Galveston/Department
of Pediatrics**

Galveston
*Mental Health Services for
Special Needs Children Via
Telemedicine*

This second-year grant continued support for the delivery of efficient and effective mental health services through the use of telemedicine to special needs children and their families living in underserved areas of East Texas.
\$35,731

**The University of Texas at
Austin/Department of Advertising**
Austin
*Mental Illness Stigma, Television
and Children*

This first-year grant supported a research project undertaken by Dr. Patricia A. Stout to discern a correlation between the way mental illnesses are depicted on television programs and the effect those depictions have on children's perceptions and understanding of mental illnesses.
\$25,863

**The University of Texas at
Austin/School of Social Work**
Austin
*"Highway and By-Ways to Student
Success" - 11th Annual Texas
School Social Work Conference*

This grant supported the keynote speaker, Insoo Kim Berg, M.S.W., to present "Solutions in Schools: Working with Children and Their Parents" at the School of Social Work's annual conference.
\$1,000

**The University of Texas at
Austin/Population Research
Center**

Austin
*Children and Welfare: A Three-
City Study*

This fifth-year grant provided continued support for Dr. Ronald J. Angel to conduct the San Antonio portion of a nationwide study exploring the impact that federal and state welfare reforms are having on African-American and Hispanic children.
\$43,595

**The University of Texas at Dallas/
Center for Brain Health**

Dallas
ChildLink to Critical Services Program

This one-year grant provided partial support of diagnostic and intervention services, training, and case management for a new program to address the unmet mental health needs of low-income brain-injured children from the South and West Dallas area.
\$75,000

United Way of the Texas Gulf Coast
Houston
Early Connections

This second-year grant supported the development and implementation of a major collaborative public awareness campaign and education effort on the importance of investing early in the lives of children.
\$50,000

**University of North Texas/
Center for Parent Education**
Denton

*Statewide Capacity Building for
Meeting Needs of Parents of
Newborns*

This one-year grant supported the replication of the "Travis County Outreach to Parents of Newborns Initiative," a collaborative program that distributes prevention materials to parents of newborns through hospitals, targeting high-risk populations.
\$60,000

Wonders & Worries, Inc.
Austin

*Comprehensive Services for
Children, Youth, and Families with
Chronic or Life Threatening Illness*

This first-year grant supported a comprehensive psychosocial support program for children and families with a chronic or life threatening illness.
\$37,500

YMCA of Metropolitan Dallas
Dallas

Dallas Fragile Families Initiative

This second grant supported the Dallas Fragile Families Initiative, one of eleven TFF programs, to work with young, low-income, unmarried fathers and their children.
\$25,555

MINORITY MENTAL HEALTH

Texas' ethnic and cultural diversity presents many unique challenges for mental health services across the state. Minorities comprise a disproportionate percentage of the state's economically disadvantaged and frequently lack access to affordable and culturally relevant services. Even when available, many mental health service providers lack the cultural training that can be crucial to their effectiveness.

The Minority Mental Health Program Area seeks to improve the quality of mental health services to minority populations; to broaden our knowledge of issues affecting minority mental health; to advance culturally relevant research on and by ethnic and racial minorities; to meet the challenge of training the next generation of culturally diverse mental health professionals; and, to improve public understanding of timely minority mental health topics.

Providing Reasons for Hope

Marilyn Gambrell can't help but cry a lot. It's hard for her not to. Every day she and her partners Perry Beasley and Annette Hughes reach out to dozens of hurt and angry children who have suffered inconceivable abuse or, worse, cruel indifference from their own parents. It is impossible to hear the pain in these teens' voices or see the abject indifference in their eyes and not be touched by the senselessness of their suffering and worry at what their future holds.

These are the children of incarcerated parents; living in an urban ghetto so riddled by crime, poverty, and drug abuse that many resign themselves to never escaping. This despair was what led Gambrell to leave her position as a state parole officer and launch No More Victims, Inc. (NMVI), an innovative program of educational and emotional support to help these children cope with having an incarcerated parent and divert them away from their own paths of crime, substance abuse, and desperation.

With funding support of \$315,240

over three years from both the Hogg Foundation and the Houston Endowment, No More Victims, Inc. set up its pilot program at M.B. Smiley High School in Houston's North Forest Independent School District during the 2000-2001 school year. Smiley High School was a good fit. Of the roughly 1,500 students enrolled at Smiley, 40 percent have a parent who has either been, or currently is, in prison. The school itself is surrounded by a community afflicted with high levels of delinquency, alcohol and drug abuse, teen pregnancies, violent crime, and gang activity.

The program consists of daily sessions in which students gather for group discussions, followed by a curriculum that teaches them how to cope with their problems, resolve interpersonal conflicts, and channel their emotions into constructive endeavors and away from violence, addiction, and gangs. The program involves social workers, school counselors, and administrators in a curriculum that emphasizes social and emotional competency-building. Students presenting severe psychological/psychiatric needs outside the scope of the curriculum are referred to an appropriate mental health professional, with NMVI staff even arranging transportation to appointments and appropriate follow-ups. Most importantly, at each session, students' feelings of self worth and respect are constantly nurtured and reinforced. Students are hugged and told that they are valued, precious, and loved.

The students' progress is tracked through weekly staffing sessions among school administrators, teachers, counselors, North Forest ISD police officers, and NMVI staff. Whenever possible, staff conduct periodic home visits with students and their families in order to evaluate conditions and address any questions or needs the families may have. In several instances, NMVI has even stepped up to supply food, clothing, diapers, school supplies, and referrals to social services.

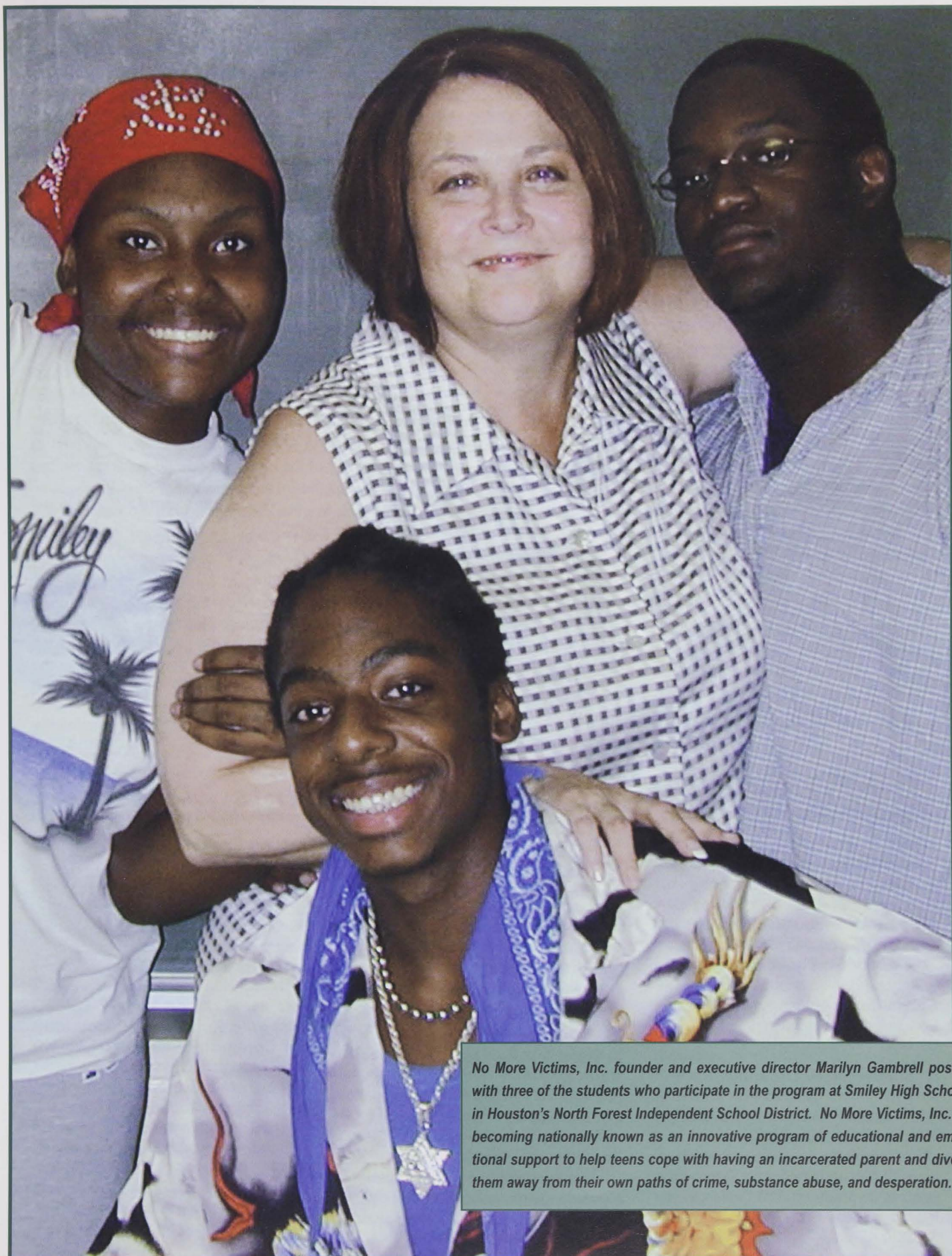
"Children of incarcerated parents can become part of a cycle of delinquency that is difficult to break," Gambrell says. "They lack the understanding or maturity to adequately cope with the intense feelings of abandonment, rejection, and neglect that come from having a parent in prison."

"Statistics indicate that these children are eight times more likely to end up being incarcerated themselves, and are far more susceptible to substance abuse, behavioral problems, school dropouts, gangs, and teen pregnancy," she says.

Over the past decade, the number of children in the United States who have at least one

Pride in Grantmaking

No More Victims, Inc.



No More Victims, Inc. founder and executive director Marilyn Gambrell poses with three of the students who participate in the program at Smiley High School in Houston's North Forest Independent School District. No More Victims, Inc. is becoming nationally known as an innovative program of educational and emotional support to help teens cope with having an incarcerated parent and divert them away from their own paths of crime, substance abuse, and desperation.

incarcerated parent has grown at an astonishing pace. Roughly 60 percent of the incarcerated population consists of parents; more than 1.9 million children go through their formative years with at least one parent in prison.

During the parent's incarceration, negative domestic or community circumstances compound these children's psychological problems. Frequently, children are placed in the care of grandparents or other relatives who are themselves facing abject circumstances and who may provide unhealthy or abusive domestic environments. To counteract the range of problems facing these children, Gambrell's project equips them with a strong sense of self-respect and self-confidence.

In only two years, NMVI's results have been dramatic. Disciplinary referrals for participating students have dropped by more than half, gang violence campus-wide has dropped by 70 percent, and attendance has improved by two-thirds.

Given such results, the response by the community and school officials has been enthusiastic. Not only has the school district's new superintendent embraced the project, but it is also being reviewed on the federal level as a model of community intervention. Additionally, it was featured in *U.S. News & World Report*, and is to be the subject of reports on the television news magazines *60 Minutes* and *CNN-News Night with Aaron Brown* this fall.

The warmest praise for the project, however, comes from those who have seen it firsthand.

"No More Victims, Inc. has given attention and nurturing to our high-risk students that has brought about a real calmness in the midst of so much pain and chaos," said Smiley Assistant Principal Reginald Spivey.

"Teachers and administrators have witnessed students—including gang members—searching for (Gambrell) and her staff in the hallways. Once they find them, they have literally fallen into their arms crying and it seems like they are clinging for their lives," Spivey says. "Smiley needs No More Victims, Inc. It is working. Our children are proof."

The evidence behind Spivey's words comes one wet September afternoon, when a group of these teens gather around Gambrell for a photo. One of them, Dwayne, is a fiercely powerful and intimidating young man. His story is by no means unique. Every male figure in his family is in prison; he lives with a grandmother because his mother is rarely home; and his father recently went to court to remove his name from Dwayne's birth certificate so as to evade child support.

Dwayne came to the program a year ago with a chip on his shoulder and a propensity for bullying others. After a number of often loud, rocky, and emotional sessions with his peers, Dwayne slowly began to change. He sees himself now as more of a protector of the group than as an outsider. He has begun to serve as the meeting's self-appointed sergeant-at-arms and is quick to quiet disruptions from the hallways outside. Most of all, Dwayne says he has found the family he never had in a group of students whose lives are much like his own.

When organizing themselves for the photo, the burly Dwayne stands next to Gambrell and briefly lays his head upon her shoulder; she responds with a tender squeeze upon his forearm.

Even though Marilyn Gambrell may find herself crying quite a bit, she has a lot of reasons to smile, too.

Minority Mental Health

Grants 2001-2002

Austin Travis County Mental Health Mental Retardation Center

Austin

*Second Annual Central Texas
African-American Family Support
Conference*

This one-time grant supported two speakers at the Second Annual Central Texas African-American Family Support Conference.
\$1,000

Capacity for Justice, Inc.

Austin

*"Advanced Forensic Evaluation
Training" Conference*

This one-time grant covered the cost for two speakers who spoke on cultural competency at a Dallas training conference.
\$1,000

El Buen Samaritano Episcopal Mission

*Vida Y Salud (Life & Health)
Project*

This first-year grant helped to develop a comprehensive health and mental health program to serve low-income, uninsured families, immigrants, and refugees.
\$33,410

El Paso Alliance for the Mentally Ill

El Paso

*Education and Training Project
for Family and Caregivers of
Persons with Mental Illness*

This second-year grant supported a dual-language education and training program for caregivers of persons with chronic mental illness.
\$13,333

El Paso Las Puertas Abiertas, Inc.

El Paso

El Paso Las Puertas Abiertas Project

This second-year grant helped develop and implement a community-based housing project for persons with chronic mental illness.
\$21,488

Hispanic Religious Partnership for Community Health, Inc.

San Antonio

*Faith-Based Community Mental
Health Services*

This second-year grant supported a faith-based curriculum and the training of ministry care specialists from a pool of pastors, laity, and volunteers in San Antonio's *barrios*.
\$40,000

Hope Action Care

San Antonio

Mental Health and Substance Abuse Assessment, Counseling, and Referral Services to Minority Disabled and Homeless Persons

This third-year grant supported case management services for minority disabled, substance abusing, and homeless persons in Bexar and surrounding counties.

\$30,000

Interfaith CarePartners, Inc.

Houston

Kids' Pals Care Team Project

This initial grant assisted in the implementation of the first six months' activities of the Kids' Pal Care Team Project, which provides in-home and support-type services for youngsters and their families.

\$18,750

No More Victims, Inc.

Houston

*"Healing the CHILD Within"
Children of Incarcerated Parents
and Incarcerated Parent-Child Relationships*

This third-year grant provided continued support for the implementation of strategies to improve the mental health and well-being of children who may have one or both parents incarcerated.

\$40,000

Political Asylum Project of Austin, Inc.

Austin

Sunrise Center Project

This third-year grant supported clinical mental health services to asylum seekers, political refugees, political victims of torture, and vulnerable immigrant populations.

\$22,500

**Prairie View A&M University/
Department of Social Work and Sociology**

Prairie View

George R. Ragland Scholars Program

This third-year grant supported a scholars program to address the need for well-trained minority professionals by creating an academic and professional training program for students interested in a career in the mental health professions.

\$38,412

Texas Appleseed

Austin

Juvenile Fair Defense Public Education Project

This one-year grant supported the public education portion of the Fair Defense Project, which impacts the processing of indigent juvenile defendants in the criminal justice system, many of whom are minorities and young adults with mental health problems.

\$59,680

**The University of Texas Health Science Center at Houston/
Department of Anesthesiology**
Houston

Development of a Mental Health Screening Battery for Arabic-, Serbo-Croatian, Spanish- and Vietnamese-Speaking Refugees

This grant supported the translation of standardized self-report procedures to identify mental health problems among Arabic-, Serbo-Croatian-, Spanish-, and Vietnamese-speaking immigrants and refugees.

\$36,800

**The University of Texas Health Science Center at San Antonio/
Department of Medicine**

San Antonio

IMPACT: Improving Care for Late Life Depression

This third-year grant supported a research project to assess a multifaceted disease management model in the care of elders with major depression or dysthymia.

\$15,100

**The University of Texas Health Science Center at San Antonio/
Department of Psychiatry**

San Antonio

Development of a Collaborative Program of Mental Health Research in South Texas

Funding supported a long-range program of mental health research and services for citizens of Mexican origin in South Texas as a model of collaboration between the UT Health Science Center at San Antonio and the UT Pan American in Edinburg as a component of the new Regional Academic Health Center.

\$82,218

The University of Texas Medical Branch at Galveston/ Institute for the Medical Humanities

Galveston

Bi-National Collaboration on Post-NAFTA Border Health Challenges: Conference on the Behavioral Health Component and Health Policy

This one-time grant supported a bi-national conference focused on post-NAFTA border health and mental health issues and the development of policies to address them.

\$1,000

The University of Texas at Austin/ Department of Kinesiology and Health Education

Austin

Social Support and Mental Health in Cardiac Illness: A Comparison of Hispanic and Non-Hispanic White Cardiac Patients

This two-year grant supported a comparison of mental health effects of cardiovascular illness in Hispanic and non-Hispanic patients and examined ethnic differences in the role of family support to prevent depression and promote positive mental health.

\$51,234

The University of Texas at Austin/ Center for Social Work Research

Austin

Cultural Competence Assessment Project

This grant supported an innovative assessment research project that uses concept mapping to assist four Texas communities in improving the level of cultural competence within children's mental health services and improving the training and technical assistance to mental health providers.

\$26,600

**University of Houston/
Department of Sociology**

Houston

Psychological Distress Among Mexican Americans

This one-time grant provided support for a research study that examined the prevalence and correlates of non-specific psychological distress among Mexican Americans with comparisons to other populations.

\$18,595

YOUTH DEVELOPMENT

The Youth Development Program Area focuses on the factors which influence the healthy development of adolescents and young adults.

Issues of youth violence, juvenile delinquency, child and adolescent development, and our changing health care delivery system continue to underscore the urgency to better understand the mental health needs of adolescents and address those needs with effective services.

The Youth Development Program Area concentrates on the design, delivery, and funding of mental health services; identifies critical mental health research needs; finds best practices in the delivery, funding, and evaluation of mental health services for adolescents; and, works with institutions of higher education to understand the changing mental health needs of today's student populations and what resources are necessary to ensure an appropriate response.

Replacing Negatives with Positives

Most people would not think of a juvenile probation department as being the most nurturing of environments—and rightly so. Criminal offenses committed by teens are often costly and painful to both victim and perpetrator. If not dealt with sternly, most believe, delinquent behavior will only become more frequent and violent.

However, a growing number of criminal justice professionals are questioning whether the juvenile justice system's primary focus upon punishment and discipline is having the results they intended. They argue that most attempts to reduce juvenile recidivism place too much emphasis upon eliminating negative behaviors without instilling positive behaviors in their place. Without the encouragement and support to alter their views of themselves and their surroundings, most youth risk sinking back into the quagmire of frustration that brought them into the criminal justice system in the first place.

Judges, prosecutors, and probation officers within the Fort Bend County

Pride in Grantmaking

Project L.E.A.P.

juvenile justice system say that it is a frequent problem: young offenders who have committed minor offenses such as truancy, vandalism, or running away, but who have not become deeply involved in serious criminal activities. These young people could still benefit from positive intervention.

The situation led to the formation of the Fort Bend Partnership for Youth, Inc., a nonprofit organization serving as a community-based arm of the courts, which provides mentoring services to youth ages 10 through 16 who have had run-ins with the law.

"So often these young people need mentors from outside the system—folks who can instill caring, self-respect, and help them to straighten out their lives and build healthier, more positive futures," says Mary Gready, executive director of the Partnership.

"Most of the young people we see come from troubled homes and lack the emotional support necessary to grow into happy and productive members of the community. Very often they are engaged in a number of high-risk activities such as alcohol and tobacco use, illicit drug use, school problems, antisocial behavior, and violence," says Gready.

To address these needs, the Partnership developed Project L.E.A.P. (Leadership-Education-Action Program) in 2001. Based on the Search Institute's "40 Developmental Assets," Project L.E.A.P. takes a strength-based approach to building positive areas within each teen that can have a profound impact on negative, high-risk behaviors. With \$121,791 in grant support from the Hogg Foundation, the agency initiated a group mentoring program based on asset development. This non-traditional approach to mentoring revolves around groups of youth with adults. This intensive program involves the youth in recreational activities, academic tutoring, and life-skills training, as well as special outings that are both fun and informative.

The group meetings focus on building relationships among both teen and adult mentor participants while engaging in asset-building activities. In the process, a "natural gravitation" typically takes place, whereby pairs develop (but are not forced), and both adults and youth can begin doing one-on-one activities as trust and relationships grow. The agency also instituted parental group sessions whereby participants' parents are educated in building skills



Program Coordinator Alice Henry hugs Yvette, one of the participants in Project L.E.A.P., an innovative program within the Fort Bend County Juvenile Probation Department which seeks to replace the negative behaviors that teens engage in by instilling positive attitudes and coping skills in their place.

essential for positive development for their children and families.

"We have been so pleased by the progress we've made with the program and the progress the teens have made," Gready says. "We have seen angry, sullen kids gradually blossom into much more confident, happy young people. And they are staying out of trouble. The Partnership's confidence is greater than ever about the positive impact that this strength-based, asset-building program is making in our youth," Gready says.



Executive Director Mary Gready and Program Coordinator Alice Henry pose with Rolando, one of the youth benefitting from the positive, supportive programs of Project L.E.A.P. in Fort Bend County.

Youth Development

Grants 2001-2002

Baylor College of Medicine/ Department of Obstetrics and Gynecology

Houston
*Mental Health Assessment,
Coordination and Intervention for
High-Risk Teens in Innovative
Settings*

This second-year grant supported the coordination of mental health services to address high-risk behaviors among female patients of the Teen Health Clinics at Baylor College of Medicine.
\$50,000

Bibleway Community Development Academy

Marlin
*Prevention, Education and
Recreation Center Project*

A first-year grant supported a program that promoted juvenile crime prevention, educational success, and improved mental health and attitudes among at-risk youths and their families.
\$36,072

Boys & Girls Clubs of Austin and Travis County

Austin
*SMART Moves Program (Gang,
Alcohol, Drugs, and Premature
Sexual Activity Prevention)*

This third-year grant supported implementation of SMART Moves, a school-based effort to increase the number of children reached by the curriculum.
\$13,250

Center for Health Care Services San Antonio

Integrated Funding Initiative

This first-year grant supported a "wraparound" service model which included an integrated system of care for children who are at risk of out-of-home placement and who have multiple needs requiring interventions across several service delivery providers, organizations, and/or agencies.
\$25,000

Child Crisis Center of El Paso

El Paso
*Helping Hands/Manos Juntas-
Jovenes Project*

This one-year grant provided support for the implementation of an educational program aimed at school-age youngsters to educate them about anger management, dating violence and healthy relationships, and to improve pro-social skills and to enhance their mental health.
\$31,400

El Paso Area Foster Parent Association, Inc.

El Paso
On My Own Project

This first-year grant supported the implementation and evaluation of a project aimed at youngsters who "age out" of the foster care system by providing mental health and supportive services while the El Paso Housing Authority provided housing.
\$50,000

El Paso County Public Defender's Office

El Paso
*Public Defender Outreach
Program (PDOP) Sibling Pilot
Study*

This third-year grant supported implementation of the Public Defender Outreach Program, which seeks to interrupt the cycle of delinquent behavior and incarceration in the families targeted by the El Paso County Public Defender's Office.
\$41,000

St. Luke's Episcopal Health Charities

Houston
*Mental Health Services on
Mobile Medical Outreach Unit*

A fourth-year grant supported a psychiatric social worker to provide mental health services to homeless teens in the Houston area through the use of a mobile health care unit.
\$35,990

Family Service Association of San Antonio, Inc.

San Antonio
*Families and Schools Together
(FAST) Program*

This first-year grant supported the implementation of the Families and Schools Together (FAST) program in two rural communities in South Texas.
\$51,000

Fort Bend Partnership for Youth, Inc.

Richmond

Project L.E.A.P. (Leadership-Education-Action Program)

This second-year grant supported a community-based arm of the juvenile court system in Fort Bend County in providing mentoring services to teens in partnership with the juvenile court and the community. \$40,597

Girls Empowerment Network Austin (GENaustin)

Austin

ClubGEN Afterschool Program

This first-year grant supported a program promoting competence, resilience, healthy development, and leadership skills in middle and high school girls in Central Texas. \$35,000

Lone Star Girl Scout Council

Austin

Enterprising Girl Scouts Beyond Bars (EGSBB)

This fourth-year grant supported an innovative program to break the cycle of intergenerational incarceration by providing services to mothers, daughters, and guardians during and after the mothers' imprisonment. \$19,950

Nehemiah Center, Inc.

Houston

Mental Health Education and Services for Children and Families Program

This second-year grant supported the development of a comprehensive mental health component for children, families, and staff of the Nehemiah Center in Houston. \$50,000

Out Youth Austin

Austin

Advocacy, Counseling and Training (ACT) Program

This second-year grant provided support for the development and implementation of a system-wide project focusing on counseling of sexual minority youth, community education, and training for school staff and counselors, social workers and others who work with youth. \$34,000

Peer Assistance Network of America, Inc.

Austin

Teen Mentoring Initiative

This first-year grant supported the development of a statewide collaborative project to match teens trained in mentoring by the Peer Assistance Network of America, Inc. with elementary school children on the waiting lists of Big Brothers/Big Sisters. \$32,800

Samaritan Counseling Center of East Texas, Inc.

Nacogdoches

Parents and Children Together - Authoritative Parenting in East Texas

This third-year grant sought to improve the outcomes for troubled youth and their families by assisting parents or guardians in improving their relationships with their children and to enhance the resiliency of youth. \$3,282

Southern Methodist University/ Department of Psychology

Dallas

Family-Based Behavioral Weight Management Intervention

This first-year grant provided support for a research project studying the effectiveness of adding a family group process to a behavioral weight management intervention for overweight female adolescents and their families. \$42,687

Southwest Key Program, Inc.

Austin

Voices of Youth Initiative

This first-year grant supported an initiative to empower youth in the foster care system so as to engage the juvenile justice system and learn leadership skills. \$55,000

St. David's Health Leadership Program

Austin

Root Cause Project

This second-year grant provided support for a project aimed at empowering, educating, and mobilizing a targeted, diverse, underserved community to improve the overall health of its members by addressing the root causes of community health issues. \$60,000

Texas Appleseed

Austin

Public Education and Outreach on the Need for Appropriate Legal Representation for Adults and Youth with Mental Illness

This second-year grant provided support for the publication of two handbooks, education, technical assistance, and outreach activities which are part of the Texas Appleseed Fair Defense Project. \$56,200

Travis County Juvenile Probation Department

Austin

Juvenile Assessment Center: Early Identification of Mental Health Needs

This first-year grant supported the development of a Juvenile Assessment Center, which provided comprehensive and effective psychological evaluation of youth involved with the juvenile justice system. \$44,387

The University of Texas at Austin/ Department of Psychology

Austin

Depression Prevention Program for Adolescents

This first grant supported a research study on depression prevention involving multi-ethnic adolescent groups. \$36,028

The University of Texas at Austin/School of Social Work

Austin

Solution-Focused Alternatives for Education

This one-year grant provided support for the development of an intervention manual, measurement resources, and tools for a five-year evaluation of the school program, "Solution-Focused Alternatives for Education." \$35,949

MEETING OTHER NEEDS

When deciding how The University of Texas should administer the William C. Hogg Memorial Fund that created the Hogg Foundation for Mental Health, Miss Ima Hogg said she envisioned "...a broad mental health program for bringing great benefits to the people of Texas."

The Hogg Foundation has long used Miss Ima's encompassing charge to inspire its work and define its various contributions to mental health in Texas over the past six decades. While the Foundation gives priority to grants within its program areas, it nonetheless continues its support of a wide range of mental health services and research projects across the state of Texas.

Some of these projects are outlined within this section.

Confronting Domestic Violence

Often overlooked among rural communities, domestic violence is an easily concealed and exceedingly dangerous problem. The combination of geographic isolation, high poverty rates, social pressures, and limited resources serve to entrap women in violent relationships—turning them into hostages in their own homes with little hope of escape.

Over the last three years, researchers at Texas A&M University have launched the Program for the Reduction of Rural Family Violence project to improve the quality and quantity of services for victims of domestic violence in rural communities across Texas.

Dr. Nikki Van Hightower, a 25-year veteran in the field of domestic violence prevention, says that studies conducted by herself and others have found a disturbingly high rate of domestic violence and a serious lack of even basic domestic violence services such as shelter and counseling in rural communities. Even worse, rural law enforcement officials often possess erroneous ideas about domestic violence. Time and again, studies show, law enforcement officials seldom exercise their full authority to arrest batterers, neglect to inform victims of their rights, and harbor attitudes that blame the victim.

"Unlike in urban areas, rural communi-

ties have no grassroots organizational infrastructure that can increase public awareness and provide effective violence intervention and prevention programs," Van Hightower said.

What rural communities need, says Hightower, is a strong infrastructure of advocacy organizations to provide domestic violence training and support in these communities. With \$42,698 in support from the Hogg Foundation and \$61,487 from the RGK Foundation, the Program for the Reduction of Rural Family Violence operationalized the idea that effective domestic violence services involve public health, mental health, and criminal justice approaches.

To date, the program has established close working relationships with Phoebe's Home, a battered women's shelter in Bryan, and the Focusing Families Shelter in Waller, to establish domestic violence advocacy programs in four counties in the Brazos River Valley: Robertson, Leon, Milam, and Waller. Starting with its third year of funding, the program will initiate similar projects in Burleson, Washington, Grimes, and Madison counties.

Each program begins with volunteer domestic violence advocates who undergo a two-week training program. The training course explains the dynamics of abuse; outlines state laws; illustrates best practices and procedures; provides informational and referral resources; and, details the legalities of client confidentiality, law enforcement jurisdiction,

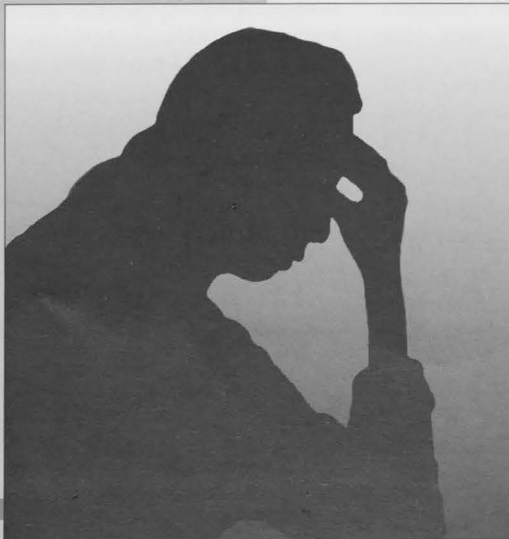
and liability. Protocol agreements signed jointly by the advocacy organization and local law enforcement outline the procedural responsibilities. For example, when a peace officer responds to a domestic violence call, he is responsible for arranging for an advocate to develop a case file, conduct follow-ups, and monitor the case.

The program is currently facilitating a regional organization composed of representatives from the county advocacy groups to exchange information, expand education, and plan joint trainings.

"Based upon the current progress, we believe these grassroots volunteer advocacy groups are sustainable and will effectively serve many of the needs of domestic violence survivors in rural counties. Once the regional organization is in place, it will provide an effective regional model of domestic service delivery for rural areas," said Van Hightower.

Pride in Grantmaking

Reduction of Rural Family Violence



Center for Public Policy Priorities
Austin

Tough Choices Report

This first-year grant helped in the development of a report examining the tradeoffs that working families face when wages, benefits, and services are inadequate to meet the costs of a basic standard of living.
\$40,000

Chisholm Trail Retired and Senior Volunteer Program, Inc.

Denton

Grand Connections

This second-year grant provided continued support for the development and implementation of a case management model of service delivery to grandparents serving as primary caregivers to their grandchildren.

\$44,914

Gray Panthers of Austin

Austin

Gray Panthers Validation Workshop

This one-time grant provided partial support for a validation workshop for professional and non-professional staff that focused on the care of persons with Alzheimer's.

\$1,000

Greenlights for NonProfit Success

Austin

Organizational Advancement Program

This one-year grant supported a new program that improved the capacity-building of nonprofit organizations that address mental health issues in Central Texas. A stronger capability for managing, administering, and conducting mental health services was developed.

\$25,000

Shackelford County Community Resource Center

Albany

Case Management Services for Community Resource Center

This third-year grant supported a mental health case management component designed to strengthen the service quality and capacity of a rural community resource center in West Texas.

\$25,919

Service of the Emergency Aid Resource Center for the Homeless, Inc.

Houston

Project for Independent Living

This first-year grant provided support for a comprehensive array of services targeting the most needy in the homeless population—those with multiple diagnoses, including mental disorders—in hopes of preparing them for independent living.

\$50,000

Texas A&M Research Foundation/ Texas A&M Department of Political Science

College Station

Program for the Reduction of Rural Family Violence

This second-year grant supported the development and implementation of a volunteer, advocacy-based, domestic violence service delivery project in Texas rural communities.

\$19,865

Texas Department of Mental Health and Mental Retardation

Austin

Mental Health Promoting Independence Consumer Survey and Chart Review Initiative

This one-time grant supported the administration of a consumer survey and chart review initiative that identified adults and children with serious mental illness who fall within the state's Olmstead definition.

\$10,000

The University of Texas at Austin

Austin

Evaluation Research Fellowship

Graduate student researchers Shanti Kulkarni, Susan Odom, and Carmen Valdez each received \$20,500 to conduct evaluations of Foundation-funded projects.

\$61,500

The University of Texas at Austin

Ima Hogg Scholarship

Funding supported a nine-month scholarship to Sarah Hinshaw-Fuselier, a University of Texas at Austin graduate student preparing for a career in mental health service to children and families.

\$12,000

The University of Texas Health Center at Tyler/ Lake Country Area Health Education Center

Tyler

Strengthening Primary Care Through Mental Health Education Updates

This two-phase grant supported a project that provided continuing education programming on mental health and mental illness to primary care professionals in rural practice settings in Northeast Texas where psychiatric services are severely limited.

\$66,209

The University of Texas Medical Branch at Galveston/ Institute for the Medical Humanities

Galveston

Improving End-of-Life Care in Houston and Austin

This third-year grant supported Dr. Ronald A. Carson in conducting a series of focus groups and community meetings in Houston and Austin aimed at what a culturally-diverse sample of people in each community think about such sensitive issues as end-of-life care.

\$10,298

University of Texas Southwestern Medical Center at Dallas/ Department of Psychiatry

Dallas

Sensory Dysfunction in Autism

This first-year grant provided support for a research study to identify sensory processing problems in individuals with autism and compare them to a control sample. This study will seek to better understand the nature of sensory sensitivities and the mechanisms underlying sensory dysfunction in autistic persons.

\$16,000

Financial Statement

Fiscal Year 2001-2002

ENDOWMENTS (Market Value as of 8/31/02)

W. C. Hogg Fund	\$85,396,596
Ima Hogg Endowment	23,820,501
Other Funds	791,750
Total	\$110,008,847

TEMPORARY RESERVE FUNDS (as of 8/31/02)

W. C. Hogg Fund	\$58,579
Ima Hogg Endowment	142,791
Total	\$201,370

Total Endowment and Reserve Funds	\$110,210,217
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INCOME

Endowment Earnings	\$5,403,099
Transfer from College of Communication	3,000
Total Income	\$5,406,099

EXPENSES

Salaries, Wages, and Fringe Benefits	\$1,529,927
Consultants	34,822
Maintenance, Operation, and Equipment	69,907
Travel	53,230
Publishing and Mailing	59,646
Conferences and Other Internal Program Activities	81,015
Grants	3,281,910
Returned from Grantees	(10,120)
Total Expenses	\$5,100,337

BALANCE	\$305,762
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EXECUTIVE STAFF 2001-2002

Charles M. Bonjean, Ph.D., Executive Director
Ralph E. Culler III, Ph.D., Associate Director
Reymundo Rodriguez, Program Director
Marion Tolbert Coleman, Ph.D., Program Director

Carolyn Young, Program Director
Jeffery R. Patterson, Communications Director
Wayne H. Holtzman, Ph.D., Special Counsel

SUPPORT STAFF 2001-2002

Margarita T. Alvarez, Senior Administrative Associate
Maria Bumpass, Senior Administrative Associate
Mary Campbell, Administrative Associate
Cynthia S. High, Library Outreach Coordinator
Michael Dobecka, Systems Analyst
Sherry L. Forman-Ricks, Administrative Services Officer
Sara Gutierrez, Administrative Associate
Freda K. Hamric, Administrative Associate

Celia Lovett, Administrative Associate
Traci D. Patterson, Public Affairs Specialist
Janel E. Ross, Executive Assistant
Ellen Moutos-Lee, Library Outreach Specialist
Therese Chevas, Senior Office Assistant
Allison C. Supancic, Librarian
Mary B. Vance, Senior Administrative Associate
Dolores Zepeda, Fiscal Officer

EVALUATION RESEARCH FELLOWS 2001-2002

Shanti Kulkarni, School of Social Work, The University of Texas at Austin
Susan Odom, Department of Educational Psychology, The University of Texas at Austin
Carmen Valdez, Department of Educational Psychology, The University of Texas at Austin

NATIONAL ADVISORY COUNCIL 2001-2002

Dr. Ellen Wartella <i>Dean, College of Communication, The University of Texas at Austin, Chair</i>	2000-2003
Dr. Charles J. Holahan <i>Professor, Department of Psychology, The University of Texas at Austin</i>	1998-2001
Dr. Bertram Brown <i>Executive Vice President, Forensic Medical Advisory Service Corporation</i>	1999-2002
Dr. David Smith <i>President, Texas Tech University Health Sciences Center</i>	1998-2001
Dr. Charles Willie <i>Charles William Eliot Professor of Education Emeritus, Graduate School of Education, Harvard University</i>	1998-2002
Ms. Rosie Zamora <i>President, Telesurveys Research Associates</i>	1999-2003
Mr. Curtis Meadows <i>Director, RGK Center for Philanthropy and Community Service The University of Texas at Austin</i>	2001-2004
Dr. Ruth McRoy <i>Associate Dean for Research, School of Social Work, The University of Texas at Austin</i>	2001-2004
Mrs. Carol R. Schaper <i>Volunteer Advocate for the Mentally Disabled</i>	2002-2005
Dr. Peggy B. Smith <i>Professor, Department of Pediatrics, Baylor College of Medicine</i>	2002-2005

FORMER NATIONAL ADVISORY COUNCIL MEMBERS

The Hogg Foundation is advised by a National Advisory Council consisting of nationally recognized experts in the fields of philanthropy, mental health service delivery, and academia.

Over the years, these advisors have helped enlighten and guide the Hogg Foundation in its direction and mission to conduct a "...broad mental health program of great benefit to the people of Texas."

At right is a list of the distinguished advisors who have previously served on the National Advisory Committee. The positions or titles listed below their names denote their title at the time they served on the National Advisory Council.

Dr. William C. Adamson
Professor of Psychiatry
Hahnemann Medical College and Hospital
1959-1961

Dr. Myrl Alexander
Director, U.S. Bureau of Prisons
Professor, University of Florida
1969-1972

Dr. David M. Austin
Bert Kruger Smith Centennial Professor
School of Social Work
The University of Texas at Austin
1992-1996

Dr. Robert H. Barnes
The University of Texas Medical School
at San Antonio
1969-1970

Dr. Moody C. Bettis
Head of the Sociological Research Division
Houston State Psychiatric Institute
1966-1969

Dr. Joseph M. Bobbitt
Executive Director
Joint Commission on Mental Health of
Children, Inc.
1959-1960

Dr. Charles M. Bonjean
Chair of the Department of Sociology
The University of Texas at Austin
1972-1973

Dr. John A. Boston, Jr.
Child Psychiatrist, Austin
1964-1967

Dr. T. Berry Brazelton
Professor of Pediatrics Emeritus
Harvard Medical School and Children's
Hospital
1992-1996

Mrs. Ann Brinkerhoff
Former Chair, Centennial Commission
The University of Texas Medical Branch
at Galveston
1994-1998

Dr. Eugene G. Brody
Chairman of Psychiatry, Emeritus,
University of Maryland
Secretary General, World Federation for
Mental Health
1986-1989

Dr. Bertram S. Brown
Director
National Institute of Mental Health
1970-1973

Dr. Robert N. Butler
Director, National Institute on Aging
Department of Geriatrics & Adult Development
The Mount Sinai School of Medicine
1980-1983

Dr. Carmen Carrillo
Director of Adult Acute Services
Division of Mental Health, Substance Abuse,
and Forensic Services
San Francisco Department of Public Health
1988-1991

Dr. James P. Comer
Maurice Falk Professor of Child Psychiatry
Yale Child Study Center
Yale University
1983-1986

Dr. John J. Conger
Professor, Division of Clinical Psychology
University of Colorado Medical Center
1979-1982

Mr. Louis E. DeMoll, Jr.
Associate Professor of Social Work
The University of Texas at Austin
1974-1981

Dr. Rogelio Diaz-Guerrero
Professor Emeritus
National University of Mexico
1970-1974

Mr. Hugh Downs
Radio-Television Broadcaster
Host of "20/20"
1982-1985

Dr. Toni Falbo
Professor, Department of Educational
Psychology and Population Research Center
The University of Texas at Austin
1991-1994

Dr. Karen Wolk Feinstein
President
The Jewish Healthcare Foundation
1996-2000

Dr. Robert H. Felix
Director, National Institute of Mental Health
Dean, St. Louis University Medical School
1961-1964

Dr. Donald J. Foss
Chair, Department of Psychology
The University of Texas at Austin
1988-1991

Mr. Herman E. Gallegos
Chairman of the Board
Human Resources Corporation
1978-1981

Ms. Leslie Ganyard
Executive Director
Rosenberg Foundation
1962-1965

Dr. Charles J. Holahan
Professor, Department of Psychology
The University of Texas at Austin
1998-2001

Dr. Ernest R. Hilgard
Professor of Psychology
Laboratory of Human Development
Stanford University
1960-1963

Dr. J. Cotter Hirschberg
William C. Menninger Distinguished Professor
of Psychiatry
Menninger Clinic
1968-1971

Dr. Nicholas Hobbs
Director, Center for Families and Children
Vanderbilt University
1963-1966

Dr. Wayne H. Holtzman

Dean of the College of Education
The University of Texas at Austin
1964-1970

Dr. Ira Iscoe

Ashbel Smith Professor of Psychology
The University of Texas at Austin
1962-1982

Ms. Geneva B. Johnson

President and Chief Executive Officer,
Family Service America, Inc., Wisconsin
1994-1998

Dr. Charles W. Laughton

Associate Dean, Graduate School
of Social Work
The University of Texas at Austin
1964-1974

Dr. Robert L. Leon

Chairman, Department of Psychiatry
The University of Texas Health Science
Center at San Antonio
1964-1969

Dr. Eugene C. McDanald, Jr.

The Titus Harris Clinic
The University of Texas Medical Branch
at Galveston
1964-1967

Dr. Reuben R. McDaniel, Jr.

Charles and Elizabeth Prothro Regents Chair
in Health Care Management
Department of Management,
The University of Texas at Austin
1983-1986

Dr. Cora Bagley Marrett

Assistant Director for Social, Behavioral
and Economic Sciences
National Science Foundation
1990-1994

Dr. Darrel J. Mase

Associate Chairman for Academic Affairs
Department of Community and Family
Medicine
University of Florida
1966-1969

Dr. David Mechanic

Dubos Professor of Behavioral Sciences
Rutgers University
1987-1990

Dr. Roy W. Menninger

President
The Menninger Foundation
1989-1992

Dr. Alan D. Miller

Professor of Psychiatry & Behavioral Science
State University of New York at Stony Brook
1974-1977

Dr. Don P. Morris

Child Psychiatrist, Dallas
1967-1970

Mr. Brian O'Connell

President, Independent Sector
1991-1994

Mr. Martin A. Paley

Partner, Paley and Raphael
Organizational Consultation Services
1985-1988

Dr. F. Carter Pannill

Dean
The University of Texas Medical School
at San Antonio
1966-1968

Dr. Thomas F. Plaut

Deputy Director
National Institute of Mental Health
1975-1978

Mrs. Mary D. Poole

President,
Association of Junior Leagues International
1981-1984

Dr. Jewel L. Prestage

Professor of Political Science
Prairie View A&M University
1996-2000

Dr. Manuel Ramirez III

Professor of Psychology
The University of Texas at Austin
1982-1985

Dr. Julius B. Richmond

Assistant Secretary of Health
U.S. Department of Health & Human Services
1977-1980

Ms. Jeannette Rockefeller

President, National Mental Health Association
1963-1966

Dr. Howard P. Rome

Senior Consultant
Section of Psychiatry, Mayo Clinic
1966-1969

Dr. Ricardo Romo

Vice Provost for Undergraduate Studies
and Associate Professor of History
The University of Texas at Austin
1987-1990

Dr. M. Lamar Ross

Internal Medicine, Galveston
1967-1970

Dr. Alice S. Rossi

Harriet Martineau Professor of Sociology
The University of Massachusetts
1984-1987

Ms. Elspeth D. Rostow

Professor, LBJ School of Public Affairs
The University of Texas at Austin
1984-1987

Dr. Dolores Sands

Dean, School of Nursing
The University of Texas at Austin
1996-1999

Dr. Eleanor B. Sheldon

President, Social Science Research Council
1976-1979

Dr. Melvin P. Sikes

Professor of Educational Psychology
The University of Texas at Austin
1974-1983

Dr. Althea T. L. Simmons

Director, Washington Bureau, NAACP
1973-1976

Dr. M. Brewster Smith

Professor Emeritus of Psychology
University of California at Santa Cruz
1972-1975

Dr. Janet T. Spence

Alma Cowden Madden Centennial Professor
and Ashbel Smith Professor of Psychology
The University of Texas at Austin
1985-1988

Dr. Robert L. Stubblefield

Chair, Department of Psychiatry
The University of Texas Medical Branch
at Galveston
1967-1970

Dr. Teresa A. Sullivan

Chair, Department of Sociology
The University of Texas at Austin
1989-1992

Dr. Ralph Tyler

Director Emeritus, Center for Advanced Study
in Behavioral Science
Stanford University
1959-1962

Mr. Homer C. Wadsworth

Director, The Cleveland Foundation
1965-1968

Dr. David C. Warner

Wilbur C. Cohen Fellow in Health
and Social Policy
LBJ School of Public Affairs
The University of Texas at Austin
1990-1993

Dr. Paul L. White

Director, Student Health Center
The University of Texas at Austin
1967-1970

Dr. Robert B. White

Department of Psychiatry
The University of Texas Medical Branch
at Galveston
1967-1970

Dr. Martha Williams

Dean, School of Social Work
The University of Texas at Austin
1981-1984

Dr. Louis A. Zurcher, Jr.

Ashbel Smith Professor of Social Work
and Professor of Sociology
The University of Texas at Austin
1986-1989

Grant Application Guidelines

Grantmaking Objectives

The definition of mental health used by the Hogg Foundation is a broad one. The Foundation is interested in programs which implement and evaluate innovative projects that are designed to meet the broad mental health needs of Texans. While the Foundation invites proposals dealing with any aspect of mental health, priority is given to projects that target its three primary program areas:

- **Children and Their Families**
- **Youth Development**
- **Minority Mental Health**

General proposal review criteria include timeliness, relevance, and significance with respect to mental health needs. Other factors are:

- Innovation in addressing mental health issues
- Staff ability to bring about intended results
- Evidence of accountability and evaluation
- Targeting underserved populations
- Collaboration with other organizations

For mental health **SERVICE PROJECTS**, the Foundation welcomes proposals focused upon the implementation and provision of mental health services to individuals and groups, as well as those projects aimed at mental health education, professional training, and program development.

RESEARCH PROJECT proposals should display a clear, strong mental health focus and evidence of investigator competence in the research area. Particular interest is afforded to submissions with implications for improving mental health services or that will contribute to existing knowledge.

Application Process

Only those nonprofit organizations, public institutions, or institutions of higher learning that have completed the 501(c)(3) application process, are eligible for funding. There are no submission deadlines. The Foundation's Executive Committee meets monthly for proposal review and discussion, and awards are made on a continual basis. New requests are placed on the agenda for discussion at the next scheduled meeting. Receipt of submitted materials is acknowledged promptly by postcard. Applicants can expect to receive a response from the Foundation within approximately six weeks but should be realistic when setting proposed start-up dates. The entire process from initial inquiry to final decision may require several months. In some instances, research proposals may be sent for outside review, thus adding slightly to the process time.

To assure equal access to all applicants, personal contacts with the Foundation's program officers and staff are discouraged prior to the receipt of a brief (no more than 4-page) letter of inquiry. This letter should include:

- Name and mission of the applicant organization and/or affiliation of researcher
- Name, address, and phone number of contact person
- Statement of need and mental health implications
- Brief description of the project, methodology, and proposed timeline
- Estimated total project cost
- Grant amount sought

If the Foundation encourages a formal application, **EIGHT** copies of a full proposal covering the items in the original letter should be prepared. The Foundation does not have a standard application form, but expects proposals to be concise and paginated.

SERVICE PROPOSALS should make clear the *goals* of the project, the *specific objectives* that are derived from those goals, the *implementation plan* including a *timeline*, the *specific population to be served*, the names and/or qualifications of *project personnel*, the *project budget*, and a plan for *project evaluation*.

Applicants affiliated with colleges or state institutions should include a letter of endorsement from the appropriate administrative head or board authority. Private, nonprofit agencies should include a letter of support from the organization's board chair, a copy of the IRS status approval letter, and the Texas charter number (if applicable). Resumes of project personnel and/or job descriptions for positions to be filled in the project and a roster of current board members should also be included.

RESEARCH PROPOSALS should include a literature review, statement of the problem, the questions or hypothesis, and the methodology. The formal proposal should also make clear the implications of the work for improving mental health, knowledge, service, and/or policy. The proposal should also contain the projected timeline, names, and qualifications of personnel, the budget, and plans for dissemination of the results to relevant audiences. Vitae of the primary investigators should also be attached. The Foundation does not support completion of theses or dissertations.

Applicants affiliated with universities or state institutions should include a letter of endorsement from the appropriate administrative head or board authority (including approval by the institution's Human Subjects Review Panel when required). Researchers affiliated with private, nonprofit agencies should include a letter of support from the organization's board chair, a copy of the IRS status approval letter, and the Texas charter number (if applicable).

Other Key Issues

BUDGET

In general, the Foundation limits its financial support to expenses directly related to the implementation of the project or to research assistance. Thus, budget items such as staff salaries and benefits and program costs such as supplies, telephone, printing, and mailing are generally supportable. University researchers can request no more than two months' summer salary, provided that they do not teach summer school and that such intensive time investment can be justified in the proposed work plan.

WHAT THE FOUNDATION CANNOT SUPPORT

To ensure the optimal use of its grant funds for meeting the mental health research and service needs of Texans, the Hogg Foundation DOES NOT SUPPORT:

- Organizations or projects outside the state of Texas
- Indirect/administrative costs
- Capital improvements, construction, or purchase costs
- Equipment purchases (e.g., computers, video equipment, vehicles, laboratory apparatus)
- Endowments
- General operating expenses
- Travel to professional meetings
- Dissertation or student research
- Fundraising campaigns
- For-profit agencies or organizations

PROJECT DURATION

SERVICE PROJECTS funded by the Hogg Foundation are expected to eventually become self-sustaining. While multi-year requests are accepted, the term of funding seldom exceeds five years, and amounts in subsequent years usually decline significantly. The final decision for support beyond the first years is made only after successful completion of the previous year's work. In addition, from the onset, it is important that applicants have specific, realistic plans for the project's continuation once Hogg Foundation support is completed. Of equal importance is the grant seeker's commitment to the evaluation of the project. Appropriate plans for evaluation are a necessary part of any program's design.

RESEARCH PROJECTS are generally supported for one year, although multi-year requests are sometimes approved. Funding terms rarely exceed three years. Multiple, or supplemental, funding arrangements are encouraged, especially support from the principal investigator's own institution. A final decision on second- or third-year support is made only after successful completion of the previous year's work.

For Additional Information

For more information on the Hogg Foundation, refer to the Hogg Foundation Web Page at www.hogg.utexas.edu or by calling (512) 471-5041, or through email at: grants@hogg.utexas.edu.

All letters of inquiry and formal proposals should be addressed to:

**Grants Management
Hogg Foundation for Mental Health
P.O. Box 7998
Austin, Texas 78713-7998**

PROJECT LEAP



NO MORE VICTIMS

PEOPLE IN PARTNERSHIP



Hogg Foundation for Mental Health

Since 1940, the Hogg Foundation for Mental Health has pursued its mandate to develop and conduct "... a broad mental health program of great benefit to the people of Texas" (Miss Ima Hogg, 1939). For six decades the Foundation has funded mental health service projects and research efforts across the state, with priority given to its three primary program areas: Children and Their Families, Youth Development, and Minority Mental Health.

For more information about the Hogg Foundation or its grants program, call (512) 471-5041; visit the Foundation's web site at www.hogg.utexas.edu; or write us at: Hogg Foundation for Mental Health, The University of Texas at Austin, P.O. Box 7998, Austin, Texas 78713-7998.



Hogg Foundation for Mental Health
The University of Texas at Austin